



## Residential Visit to the Frontier Centre, Irthlingborough

### Equipment List

Please pack sufficient clothing (but not too much) for your child for the two nights and three days that we are at the centre.

**We recommend that you send old clothes for the duration of the visit, particularly for canoeing.**

- Wind proof/shower proof cagoule
- Trainers (no flip flops or sandals)
- Jogging bottoms or tracksuit trousers  
(**jeans are not suitable** for the activities we are doing)
- Fleece or warm jumpers
- T shirts
- Socks
- Underwear
- Wash kit and 2 towels (1 for water sports activities)
- Large plastic bag for wet clothing and shoes!
- Small torch
- Night wear
- Sun cream
- Sun hat/cap
- Water bottle with a screw lid
- Soft large canvas bag for packing everything in (please do not use a hard suitcase)

### In addition, for water sports activities:

- 1-2 **additional** sets of clothing for Canoeing as children are likely to get wet
- 1 pair of **old** trainers suitable for water sports

*Please note, mobile phones and other electronic devices are not permitted during this residential trip, this includes smart watches. We would hate to have anything go missing or break. Thank you for your support with this.*

**Inspiring a passion for learning!**

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